



# THE CALLIOPE

Massachusetts Women of Today  
[www.mawt.org](http://www.mawt.org)

## From The President

By Louise Orum

Wow, we are really flying through this Women of Today year!

I can't believe we just held our November State Meeting. Thanks go out to Greater Attleboro for hosting. We had a great turnout with 6 of our 7 chapters represented. Thank you to all that attended. I hope you enjoyed the day and our fantastic luncheon prepared by one of our very own GAWOT members. For those of you that were not able to attend, we had 2 wonderful attorneys from Franklin as our guest speakers. They touched on many legal issues and answered numerous questions. Thank you to Amy for donating a stamping basket for a raffle prize. We raised \$48 dollars for MAWT.

Our members that attended certified in Effective Listening, Team Building and Focus on Women. The board members that gave a written report certified in Effective Speaking/Writing also. Please inform your local ID VP.

Our E-board meeting was held at Julie Hutchinson's home on October 7<sup>th</sup>. She even made us a wonderful dinner. Thank you, Julie! Our next E-board will be on January 12<sup>th</sup> at Panera Bread in Marlboro @ 7 pm. The February Winter Convention is scheduled for February 6<sup>th</sup> -7<sup>th</sup> at the Holiday Inn in Marlboro.

Please submit "Heart of Gold" award forms to me by January 10<sup>th</sup> for presentation at the Winter Convention. Reminder: You can submit your peers for this award. See nomination form, page 28.

Don't forget to complete your Heart Buck form for

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the February Winter Convention – remember these can be used at the February winter convention and the May state meeting. See form, page 27.

As many of you know, I attended the National Mid-year Convention in Omaha, Nebraska as the National Personal Enrichment Program Manager. I brought home lots of awards and President Janet will be bringing some with her in February. President Janet presented Marcia Allison and me with the Presidential Medallion which we very enthusiastically accepted.

A major change is in the works for our reporting. We will be going to a TRIMESTER reporting starting May 1, 2009. The reporting periods will be: 5/1-8/31, 9/1-12/31 and 1/1-4/30. This will be voted on at the February Winter Convention. Our chapter and state by-laws need to be updated to reflect this change. Once all by-laws have been updated, these should be submitted to Cindy Umland (our USWT Parliamentarian) for review and approval.

I was disappointed to see that Massachusetts was not reflected in the list of chapter/states that made donations and had volunteer hours. There appears to be a disconnect in communication. I am attaching the hierarchy for reporting donation dollars (general \$

donations and domestic abuse \$ donations) and volunteer hours.

See the attached list for our Massachusetts awards from National (page 5) and our local Heart of Gold Awards (page 16). Congratulations go out to our outstanding members!

We are looking for a chapter to host the May State Meeting. Please contact me ASAP if your chapter is interested!

It's not too early to start thinking about the 2009–2010 State Board of Directors!

You can either contact me or the member currently holding that position for more information or if you have any questions.

Bye for now! Hope to see everyone in February!

Louise Orum 

Massachusetts Women of Today President

## February State Meeting

Friday, February 6<sup>th</sup> and Saturday, February 7<sup>th</sup>

Women of Today Need Pampering!



By Eileen Murray

The holiday season is upon us. We'll all be busy working at our jobs, holiday shopping, entertaining and working on all the wonderful community service projects Women of Today do. After a brief rest in January you'll be ready for a getaway and a night of pampering. Join us for a night of fellowship and fun. We have some personal services lined up for each of you. Foot & hand treatments, chair massages and more. Pack your PJ's or sweats and make your reservations to be a part of this fun event. You'll get to meet chapter members from around the state and visit with our national president.

Encourage the girls in your chapter to attend and share a room to keep the cost down. You deserve to treat yourself to this fun event. There will be other surprise's to make a great night for all who attend. We need a big turnout to make this a success. Register before Dec 1<sup>st</sup> and receive a chance in a special drawing.

### Help Needed

Pampering Services: If you or someone you know can provide a service or products to help to make our event a success please notify me.

Hospitality Suite:

If you would like to provide something for Friday night or Saturday breakfast please notify me.

Looking forward to seeing you all in February.

Eileen Murray

Chair February State Meeting

508-339-2921 [eileenmurray@comcast.net](mailto:eileenmurray@comcast.net)

## From the Chairwoman of the Board

By Elaine Tallini

Starting with the new United States Women of Today (USWT) year as of May 2009, we will operate from a quarterly to a trimester timeframe. Therefore, local chapter policies should be changed to reflect the new time format. The policy can either state the specific time frame such as May to August, September to December, and January to April OR just have their policy state: follow the USWT time frame of running on a trimester basis beginning in May 2009.

The reason this change will be made is due to the fact that many chapters do not meet during the summer, and this will allow chapters to get paperwork to National for midyear convention recognition as well as helping to defray the cost of mailings from four times a year to three times a year.

Since there will still be a vote for the policy change at the national convention in June, it should also go for a vote to MA chapters. Chapter Presidents must bring the info to their chapters for a vote then come prepared to bring that vote to the February Winter Convention Meeting.

Please be sure to keep our state president, Louise Orum, informed of chapter happenings.

As always, spread the word about Massachusetts Women of Today to encourage membership.

### \*November 1<sup>st</sup> State Meeting Guest Speakers

I hope everyone who came to the November 1<sup>st</sup> State Meeting enjoyed our guest speaker's lawyers Jennifer Taddeo and Michelle Raymond from Doherty, Ciechanowski, Dugan & Cannon, P.C. located in Franklin, MA.

I happen to see an article about them in the Attleboro local paper, The Sun Chronicle, speaking with a group of ladies at the Women at Work Museum (one of our members is President of this organization), so I called them and was able to speak to Jennifer Taddeo and told her about our wonderful organization and asked if she and Michelle would be available to speak at the our November State Meeting on the topic of "What Every Women Should Know About The Law" (at no cost of course); and without hesitation they agreed. They thought it was a great idea to get together with us! So I hope you all enjoyed them and found them helpful in the knowledge of so many important issues. I have sent them a thank you note thanking them for their valuable time and expertise.

See you at our Massachusetts Women of Today February Winter Convention!!

*Elaine Tallini*

*Massachusetts Woman of Today*

*Chairman of the Board 2008-2009*

## Norton Update

By Marie Tucker

**June/July Event** – Dream Dinner – Money raised was \$60.00 presented to the Food Pantry in Norton. We also voted in the June meeting to send \$250.00 to the Food Pantry in Norton to help with their summer supplies. We also made a donation to the Norton Public Library in the amount of \$500.00.

**August** was a small meeting with a social to follow at the MGALinks, a few of us played golf and a few stayed behind with the assistant pro, Connor, to take a couple of lessons. Elaine and Louise from Greater Attleboro WOT joined in on the fun.

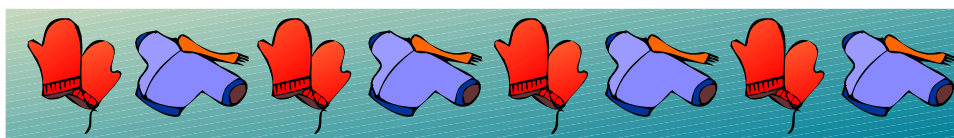
**October** – Halloween Parade Float – this was held this past Sunday and it turned out to be a great day, we have 6 members and their children helping with the decorations and riding the float. This was also the time we hand out our forms for the Holiday letters for December.

October meeting – Kathy (NWOT) will conduct a class on EBay. It was a very interesting session.

**November** – Internal Auction – November 18<sup>th</sup>, all are welcome to attend. The auction will be held at Louise Poulin's house.

**December** – Holiday Letters; Gift Wrapping at Borders set for Dec 5<sup>th</sup> from 4 to 10 pm, come down and see us if you are in the area. We are also scheduled to do Christmas Caroling at Epoch in Norton with our children on December 9<sup>th</sup>. We will also get together as a group to celebrate the holidays and do our annual ornament swap.

We are working on updating our NWOT pamphlet. We continue to look around our community to see where we can lean a hand to help out other organizations in our town. We are currently looking to lean a hand at the local library. We will help where we can again this year with the Norton Home Heating Fund .



## Newsletter Information

By Becky Fleming

Please note that the next newsletter deadline is March 15, 2009. Please submit your articles, suggestions or comments to: [becky496@comcast.net](mailto:becky496@comcast.net)

I look forward to hearing from you!

## Fall State meeting awards

*By: President Louise*

Please join us in congratulating the following award recipients!

### Programming Award of Excellence

Marcia Allison – Chelmsford

### Presidential Pins

Paula Hickey – Greater Attleboro

Walter Woodard – Greater Attleboro

### Presidential Medallions

Marcia Allison – Chelmsford

Louise Orum – Greater Attleboro

### State President Fast Start/National Staff Fast Start

Louise Orum

Marcia Allison

### 100% Retention

Chelmsford

Norton

### Growth Chapter 1<sup>st</sup> Qtr

Greater Attleboro (+1)

### Founders Day Certifications

Chelmsford

Greater Attleboro

Bellingham

Easton

### PE certifications

### Shout out with Pride – Women of Today Week

Chelmsford

### Focus on Women/Chaplain

Chelmsford – Marcia Allison, Helen Cloutier, Hilde Griffin, Dee Miller, Kathy Simmons, Joyce Sullivan

Bellingham – Sue Beattie

Easton – Nicole Dion, Rebecca Fleming, Lisa Jessick, Amy Morrison, Jean Richard

Greater Attleboro – Louise Orum, Elaine Tallini, Walter Woodard

### STEP Incentive

Louise Orum – Greater Attleboro – STEP III

Elaine Tallini – Greater Attleboro – STEP III

Dalia Marinilli – Greater Attleboro – STEP III

### STEP Incentive – Fast Start

Amy Morrison – Easton

### State Treasurer contact

Marie Tucker – Norton

### Secretary – Fast Start

Kathy Simmons – Chelmsford

### State Newsletter received

Becky Fleming – Easton

### Chapter Newsletter received

Elaine Tallini – Greater Attleboro

STATE	Effective Writing	Effective Speaking	Team Building	Leadership	Effective Listening	Totals
1 Illinois	3	3	3	3	–	12
2 Massachusetts	20	23	45	34	47	169
3 Minnesota	26	20	–	21	2	69
4 Missouri	3	3	12	–	–	18
5 New Jersey	–	–	25	–	–	25
6 Pennsylvania	–	3	–	–	17	20
7 Wisconsin	1	–	1	–	–	2
Totals	53	52	86	58	66	315

## Hello from Bellingham

By Sheila Chartier

Q02 Was a quiet quarter as we don't meet over the summer and do our Planning in September. We did do a girls night out in October, joining us were some WOT from Attleboro. We shopped at the Christmas Tree Shop and then proceeded to the 99 Restaurant to announce and crown our Winners. Prizes were awarded to the best bargain, most spent, most Enthusiastic shopper and least spent. All enjoyed a fun filled evening.

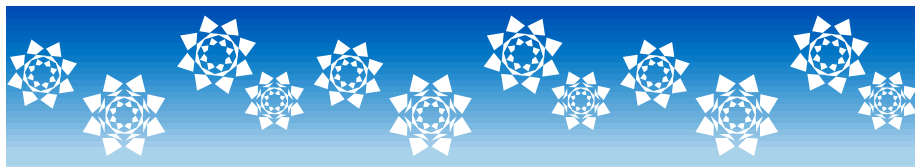
The following week we completed a successful membership night. We asked our existing members and town residents to bring their favorite recipe, and a sample of the dish with copies of the recipes. We all enjoyed ourselves and did enroll a new member from the event. We received great newspaper Coverage, and have since signed two more new members.

Our bucket of sunshine basket was delivered to St. Blaise Church, we know they will find a deserving family for it. Our butter braid sale was a great success, and we are now having a 50/50 raffle to raise more funds for our Ways and Means.

Our upcoming quarter will be our busiest with all the Holiday events we run each season. We will start with Santa Elves shopping, followed by the telethon, muffins with Santa and letters to Santa. We will wrap up the Holiday Season with our annual Holiday Social.

Hope all enjoy a Happy and Healthy Holiday Season, See you in the New Year.

Soaring to new Heights from BWOT



## Mansfield Women of Today News

By Mary Joyce & Lisa Ricker, Mansfield Co-Presidents

The Mansfield Women of Today are busy getting ready for our first Ways and Means event of the year, the Holiday House Tour on Sunday, December 7th from 1-5pm. The chairs of the event have done a fantastic job choosing 5 beautiful houses, both old and new, for everyone to see. The membership will start making wreaths that will be on sale at the end of the tour at the Mansfield Historical Society Hospitality House.

Our chapter will also begin to get ready for our holiday community development activities; volunteering with the Christmas is for Kids program run by the West Side Benevolence Society and preparing/delivering hot and cold holiday meals to members of our community.

We will end the holiday season with our Holiday GM. This always proves to be a fun and well attended event.

## State Charity – MSPCC

By Sue Beattie

Is anyone out there? I have not received any reports regarding education and/or fund raising efforts for MSPCC.

As an organization, we must step up and help spread the word about their prevention services as well as the resources available to parents by MSPCC. Services include their Good Start program, Healthy Families, Early Intervention, Connecting Families, Kids Net and Help Net Telephone Helpline. Parents can find out more about After-School Services, Child Abuse & Neglect, Child Care, Mental Health, Autism and Emotional/Behavioral Issues and much more. If you would like hand out material from MSPCC, please contact me

Fund raising is also a critical part of our support to MSPCC. Ear mark profits from an upcoming project to MSPCC.

We're coming up on the most happy and magical time of year for children, therefore, I'm urging you to help them by showing your support for our state charity – MSPCC.

## From the Secretary

By Kathy Simmons

Hi and Happy Holidays!

Thank you to those chapters sending me your monthly minutes! They look great! As Secretary, you have one of the most important jobs in your chapter. You are recording your chapter's history, you are helping your President by tracking motions, ideas and results.

Important items to record are:

- What kind of meeting – General membership, Board of Directors, Special, etc
- Date, time and place of the meeting as well as the attendance
- The approval of the previous minutes and note any corrections
- Be sure the body of the minutes has a separate paragraph for each agenda item noting the important motion, mover and amendments as well as the final disposition of the motion.
- Remember that clarity is very important
- Be sure to note the time of adjournment.
- And finally, be sure to enjoy being an integral part of your chapter's Executive Board

There will be a little something for each secretary that sends me your chapter minutes each month!

I look forward to seeing you in Marlboro in February. Let me know if you have any questions and be sure to keep sending me your monthly minutes. Have a Safe and Happy Holiday Season with family and friends.

## 2008–2009 Individual Development Competitions/Deadlines (United States Women of Today and Mass Women of Today)

### PERSONAL ENRICHMENT

#### Effective Speaking:

##### **National Year End Competition only**

Topic: **Where do you envision yourself in 5 years? How will you attain that dream?**

Guidelines: 4 – 6 minutes; submit stat sheet; requires attendance at Year–end National Convention

Cost: \$5.00 – payable to USWT; reimbursable by MAWT

Deadline: **May 1, 2009 postmark**

Submit to National PE PM (Louise Orum 23C Benefit Street, Attleboro, MA 02703 508–369–7207 lro2@netzero.net)

Notify State ID PM of members entering competition

##### **Massachusetts State Competition only**

Topic: **What makes you thankful everyday?**

Guidelines: 4 – 6 minutes; submit stat sheet; requires attendance at May State Meeting

Cost: \$5.00 – payable to USWT; reimbursable by MAWT

Deadline: **May 1, 2009 postmark**

Please notify State ID PM (Amy Morrison 136 Mary Lane Bridgewater, MA 02324 508–697–1677 alanglais1020@yahoo.com)

#### Effective Writing:

National Year End Competition

Topic: **Who is the STAR in your life?**

Guidelines: 600 – 800 words, typed, single sided, double spaced, 5 copies with stat sheet

Does not require attendance at National Convention

Cost: \$5.00 payable to USWT; reimbursable by MAWT

Deadline: **May 1, 2009 postmark**

Submit to National PE PM (Louise Orum 23C Benefit Street, Attleboro, MA 02703 508–369–7207 lro2@netzero.net)

Notify State ID PM of members entering competition

### S.T.E.P.

#### NATIONAL YEAR END COMPETITION

##### **Step II: Resume' only – see USWT forms**

Does not require attendance at National Convention

Guidelines: 4 copies of each resume

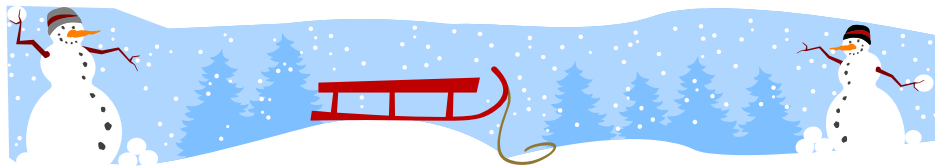
Cost: \$5.00 payable to USWT; reimbursable by MWOT

Deadline: **May 1, 2009 postmark**

Submit to National STEP PM (Vickie Vitale 131 Gables Way Jackson, NJ 08527 732–252–6862 vvitale@optonline.net)

Notify State ID PM (Amy Morrison 136 Mary Lane Bridgewater, MA 02324 508–697–1677 alanglais1020@yahoo.com)  
of members entering competition





**STEP III – Resume’ and interview**

Requires attendance at National Year End Convention

Cost: \$5.00 payable to USWT, reimbursable by MWOT

Deadline: **May 1, 2009 postmark**

Submit to National STEP PM (Vickie Vitale 131 Gables Way Jackson, NJ 08527 732-252-6862 [vvitale@optonline.net](mailto:vvitale@optonline.net))

Notify State ID PM (Amy Morrison 136 Mary Lane Bridgewater, MA 02324 508-697-1677 [alanglais1020@yahoo.com](mailto:alanglais1020@yahoo.com))  
of members entering competition

**FOCUS ON WOMEN**

**National Year End Competition**

Essay Topic: **I Found My Focus** (about a turning point in your life)

Guidelines: 800 – 1200 words; typed, double spaced; send 4 copies with 4 stat sheets – each copy in a binder or folder

Does not require attendance at National Convention

Cost: \$5.00 payable to USWT; reimbursable by MWOT

Deadline: **May 1, 2009 postmark**

Submit to National FOW/Chaplain PM (Marcia Allison 189 Littleton Rd Unit 48 Chelmsford, MA 01824 978-256-3395 [randmallison@comcast.net](mailto:randmallison@comcast.net))

Notify State ID PM (Amy Morrison 136 Mary Lane Bridgewater, MA 02324 508-697-1677 [alanglais1020@yahoo.com](mailto:alanglais1020@yahoo.com))  
of members entering competition

**CHAPLAIN NEW \*\* NEW\*\* NEW\*\***

**National Year End Competition**

Essay Topic: **At the Center** (about something that centers your life spiritually)

Guidelines: not to exceed one page: 12pt font; typed, double spaced; send 4 copies

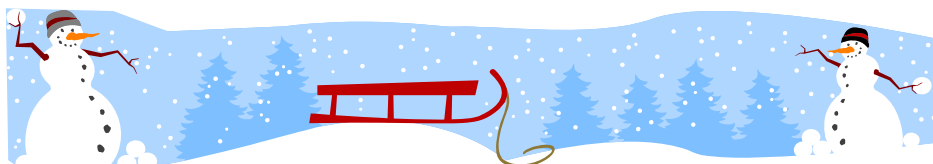
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Cost: \$5.00 payable to USWT; reimbursable by MWOT

Deadline: **May 1, 2009 postmark**

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Notify State ID PM of members entering competition



## News from Chelmsford

By Kathy Simmons, Chelmsford President

Happy Holidays Everyone!

Since the November State Meeting, Chelmsford has been working on several large projects. We are writing holiday cards to our troops, if you have someone to add to our list, send the address to Marcia. Jerry hosted a unique and fun Leadership Dynamics night certifying 6 members. On Dec 13 we will be holding our first Muffins with Santa with some great raffle prizes, crafts and photos with Santa to raise funds to begin shopping for children in the Chelmsford Secret Santa Program. We are collecting personal donations to give to the women at Alternative House at Christmas and are looking forward to our Holiday Party featuring the annual Yankee swap. January looks to be just as busy with a Personal Enrichment Program planned for the 8<sup>th</sup>, a Re-gifting Auction/Social and once again we start quilting for Project Linus. We look forward to seeing everyone in February at the "Pampering Party" and we wish everyone a Wonderful Holiday season and a New Year rich in friendship, personal growth and new members!



## Hello from the Easton Chapter

By Donna Bishop, Easton President

Once again this September we joined with Macy's to sell the Shop-for-a-Cause tickets with the entire proceeds going to EWOT. We joined with the Lion's Club during a Family Fun Day in September where we provided information to the Community regarding EWOT along with our Duck Pond with Halloween Themed prizes. In October we were once again at the NRT Fair with our Duck Pond. This is a popular event, not only with the young children, but also with the teenagers that want to win a plush duck!

At this time we are in full swing planning our 10<sup>th</sup> annual Holiday Breakfast. This event will be held on Sunday, December 7<sup>th</sup> at the Oakes Ames Hall from 8 - 11 AM.

We are also planning on having a Valentine's Day Dinner/Dance at the VFW in Easton. This event will be held on Saturday, February 14<sup>th</sup>, Valentine's Day. Dinner will be an Italian Theme and there will be dancing to a DJ and a cash bar.

I wish everyone a wonderful Holiday Season and a Happy New Year.

In Friendship,

Donna Bishop, President

## Greetings from Greater Attleboro

By Elaine Tallini

Greater Attleboro Women of Today had a very busy 1<sup>st</sup> and 2<sup>nd</sup> quarter and have many events planned in the coming months!

At the end of May we held our annual Yard Sale with the proceeds going to the MSPCC – At the November 1, 2008 State Meeting we were able to donate \$670.00! We held our first Child Car Seat Safety Program with the Professional Firefighters of Attleboro with 24 car seats inspected, and also held our annual Blood Drive/Membership Drive on May 31<sup>st</sup> where two of our newest members signed up.

In June we had a team for the American Cancer Society Relay for Life event. We had members work the Massachusetts Women of Today booth at the “Mansfield Air Race Show” along with members from other MA chapters.

We held our first E-Board Meeting and came up with lots of ideas for different events and fundraisers for our chapter to do in the coming months. Eight of our members along with their guests attended our annual Family Brunch this summer. We also held our I.D. Summer Stroll in which eight of our members attended and certified in many areas of Individual Development. In September we held a Membership Drive at the Attleboro Library where we signed on two more new members.

We held two Ways and Means projects; our Annual Beautiful Baby Photo Contest and our first Victorian Tea Party with the proceeds of \$700.00 going to the Hebron Village Outreach Center – Working People’s Food Pantry. At our first Papa Gino’s fundraiser we were able to receive \$33.62 to help raise funds for our chapter. We also held a Senior Bingo event at Canterbury Woods an assisted living facility as a thank you to the residents for letting us use their facility to hold our monthly general meetings. And lastly, we had our first Way and Means Beautiful Pet Photo Contest and are happy to announce that we will be donating \$250.00 to Friends of Attleboro Animal Shelter.

For the 1<sup>st</sup> and 2<sup>nd</sup> quarter, I am excited to announce that we have a total of six new members who have joined our chapter; giving us a total of 33 members to date. Our members are awesome – for the 1<sup>st</sup> and 2<sup>nd</sup> Quarter we had volunteered over 175 hours!

In November we have some of our members volunteering to help the Attleboro Arts Museum with their Annual Benefit Art Auction. Members of our chapter will again be attending the New Hope Gourmet for Guys fundraiser; New Hope is an organization that has a shelter for battered women and children. Our chapter will be having our Annual Holiday and Yankee Swap gathering on December 17<sup>th</sup> in place of our General Meeting. And we will be having our first Wine Tasting fundraiser on February 23<sup>rd</sup> at Café Porta Bella in North Attleboro.

I wish you all a Happy and Safe Holiday Season! Hope to see you everyone at the Winter Convention in February.

In Friendship,  
Elaine Tallini

## Individual Development Update

By Amy Morrison

These exercises were for the November State meeting and I apologize I could not attend as I was battling a respiratory infection. See pages 22–26.

If you gave a report at the meeting you qualified for the following:

Effective listening, parts of writing/speaking if you gave a report, FOW and team building

Please review the exercises and submit any additional ones you might need.

Feel free to use them at your chapter level as well.

### ID for November State Meeting

My goal for this exercise is to help certify you in most of the areas of Personal Enrichment. This exercise will certify you in Listening, Leadership, Team Building, and areas 1 + 2 of Effective Speaking, with a piece on Effective Writing.

By now all state and local officers should have 3 out of 4 areas for Effective Writing completed, as well as Focus on Women and Chaplain.

All forms are located on the USWT website. There are a few copies available today. Please email or mail all copies to Amy Morrison.

**The first exercise we will do is a focus on Effective Speaking.**

#### 1) Statistical Treasure Hunt

Break into groups – tables is fine – and review the check list with your group.

This exercise is an ice breaker and an informational exercise. (Eff. Speaking #1).

Review each of the 9 items amongst the group and add up the total of points.

See how much you can learn from each other as you add up points!

Take 2–3 minutes

\*\*\*\*\*

**These next exercises focus on Listening.**

In this time, when the world is crazy and the day-to-day stuff is becoming more and more overwhelming, you can help others simply by listening. Sometimes all one needs is an ear to listening or a shoulder to lean on.

Are you a good listener?

There is a listening quiz going into the newsletter, feel free to review it on your own and see how you do. Share it with others.

\*\*\*\*\*

I am going to pose a question to you as a group and I would like for you to think about and then answer it. We will make note of the responses and they will be posted in the minutes for chapters to review.

Please listen and allow the comments from others take shape and see how you can add to them. This exercise will focus on Listening and Team Building.

**What do you think the Women of Today organization can do to help the communities during this challenging economic time?** Take 2–3 minutes

[ i.e.: seminars, socials, meetings with community businesses/assistance, events, outreach type programs]

**List comments below:**

**Now that the list exists, how do you think we can expand on these ideas to put them into motion? Brainstorm the ideas as a group and see where they can go. Do not be shy! Raise your hand and speak up!!!** Take 5 minutes.

**Leadership Exercise** (about 5 minutes)

With all the day-to-day ‘stuff’ to do, is it time to delegate?

Take a moment to reflect on the question and see what might enter your mind.

*[Pause for a moment.]*

Some things to think about with your thoughts:

Are there small tasks that can be divided amongst family members. (setting the table, clearing dishes)?

Are there chores around the house that family members can share, move up the chain to do? (Taking care of a pet, folding laundry.)

Are there more tasks to do now that money is tight and things are eliminated from the budget? (yard care, washing the car, making homemade gifts)

Is there a way to job share or a co-op to assist with tasks that need to be accomplished?  
(babysitting for someone in exchange for assistance with some minor home maintenance, teaching someone a skill so that they can do the work for themselves...your experiences for theirs)

There are many ways to delegate in your life; job, home.

Do you find it is time to delegate?!!

There are a few leadership guides that I will be submitting to the minutes for you to read on your own at home. You can be a good leader and delegate at the same time! There is also an evaluation form for you to fill out about yourself. Review the sheets and see how well you can do.

\*\*\*\*\*

**The last exercise is a focus on effective writing.**

In the November 2008 issue of O Magazine there was a statistic posted in the Live your Best Life section. It states that "People who volunteer are 42% more likely than people who don't to say they are "very happy" with their lives..."

Take a moment to think about it and write down your thoughts on...

- What makes you happy?                      What allows you to live your best life?
- What are your successes?                  What do you want to work on in your life?
- What are you thankful for everyday?

Take your notes and add them to your personal journal, your mirror or your desk. Look at them and read them! Add to them!

Know why you do what you do everyday! If you are not happy, then look for ways to make a positive change in your life! You deserve to be happy and only you can make that happen!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

NOTE: Expand your thoughts for what you are thankful for and you can work them into an Effective Speaking speech!! ;) You already started!!!

## Focus on You: Year End Competitions



By Marcia Allison, National FOW/Chaplain Program Manager

### FOCUS ON WOMEN ESSAY COMPETITION

Topic: "I Found My Focus" (About a turning point in your life)  
Guidelines: 800 – 1200 words; typed, double spaced. Send 4 copies, each with a stat sheet and each in a binder/folder

### CHAPLAIN'S POETRY COMPETITION

Topic: "At the Center" (About something that centers your life spiritually)  
Guidelines: Poetry form or style of your choice, not to exceed one page in 12 point font. Send 4 copies, each with an attached stat sheet

FOR BOTH- Notify your State Program Manager, and submit entries and copies to USWT FOW/Chaplain PM:

Marcia Allison  
189 Littleton Rd., Apt. 48  
Chelmsford, MA 01824

Deadlines for both : May 1, 2009. Cost is \$5.00 per entrant, with checks payable to USWT, to be enclosed with entries.

## From the Awards PM

By Elaine Tallini

I am thrilled to announce the Massachusetts Woman of Today Award Winners for the 1<sup>st</sup> & 2<sup>nd</sup> Quarter for Rookie, Member, and Officer that were announced at our November 1<sup>st</sup> State Meeting, they are:

<u>Rookie</u>	Julie Katz	Mansfield
<u>Officer</u>	Paula Hickey	Greater Attleboro
<u>Member</u>	Dalia Marinilli	Greater Attleboro
Carrie Lutz	Mary Joyce	Mansfield
<u>Spirit Award</u>		



Please join me in congratulating these wonderful ladies!!

I received submission for awards from some of the chapters for the 1<sup>st</sup> and 2<sup>nd</sup> quarter; my hope is to have all chapters submit a Rookie, Member, and Chapter Officer **every** quarter. It's very important to recognize those members who have given that something extra. The Awards Program is a great motivational tool to inspire and thank members.

Please be sure to submit your Rookie, Member, and Chapter Officer for awards recognition for the 3<sup>rd</sup> quarter; November 1<sup>st</sup> – January 31<sup>st</sup>. **The submission deadline date for 3<sup>rd</sup> quarter awards will be due no later than January 22, 2009.** These awards will be given out at the February Winter Convention – hope to see you all there!!

I wish you all a healthy and joyful holiday season!!

## Reporting Mid-Year/Year End & Trimester Reporting

By Louise Orum

### Reporting Mid-Year/Year End

Donation dollars (domestic abuse-general)

Volunteer hours – reported 15 days before USWT mid-year/year-end

- ❖ Chapter treasurers should report all monetary donations/volunteer hours to the State Treasurer
- ❖ State Treasurer will then report these numbers to the USWT Treasurer
- ❖ Domestic violence donations/volunteer hours must also be reported to the USWT External Area Program Manager 15 days before USWT mid-year/year-end

### Trimester Reporting Commences MAY 1, 2009

- Trimester reporting dates would be Sept 1, Jan 1 and May 1
- This change directly affects Membership and Personal Enrichment/Individual Development
- All chapter by-laws need to be changed to reflect trimester reporting. (Chelmsford has revised their by-laws already–I recommend using their wording)
- We will be voting on this change at the February winter convention
- Once these changes have been implemented, all by-laws should then be sent to the USWT Parliamentarian for review.

## Heart of Gold Award Recipients

Please join in congratulating the following Heart of Gold Award Recipients who were awarded this honor at the November 2008 State Meeting.

### MAWT Board of Directors/Chapter Presidents

Elaine Tallini – COB/ Awards PM/Greater Attleboro President

Marie Tucker – Treasurer/Norton President

Becky Fleming – Newsletter Editor

Sue Beattie – Internal Foundation PM

Amy Morrison – ID PM

Christine Palomba – External Foundation PM

Kathy Simmons – Secretary/Chelmsford President

Julie Hutchinson – Membership VP

Simon Curry – Web Director

Paula Hickey – Historian

Walter Woodard – Fellowship Director

Donna Bishop – Easton President

Sheila Chartier – Bellingham President

Mary Joyce – Mansfield Co-President

Lisa Ricker – Mansfield Co-President

Joanne Conlon – Georgetown President

### Nominations

Chantale Shepard – Chelmsford

Marcia Allison – Chelmsford

Joyce Sullivan – Chelmsford

Iva Mooney – Chelmsford

Ann Lally – Easton

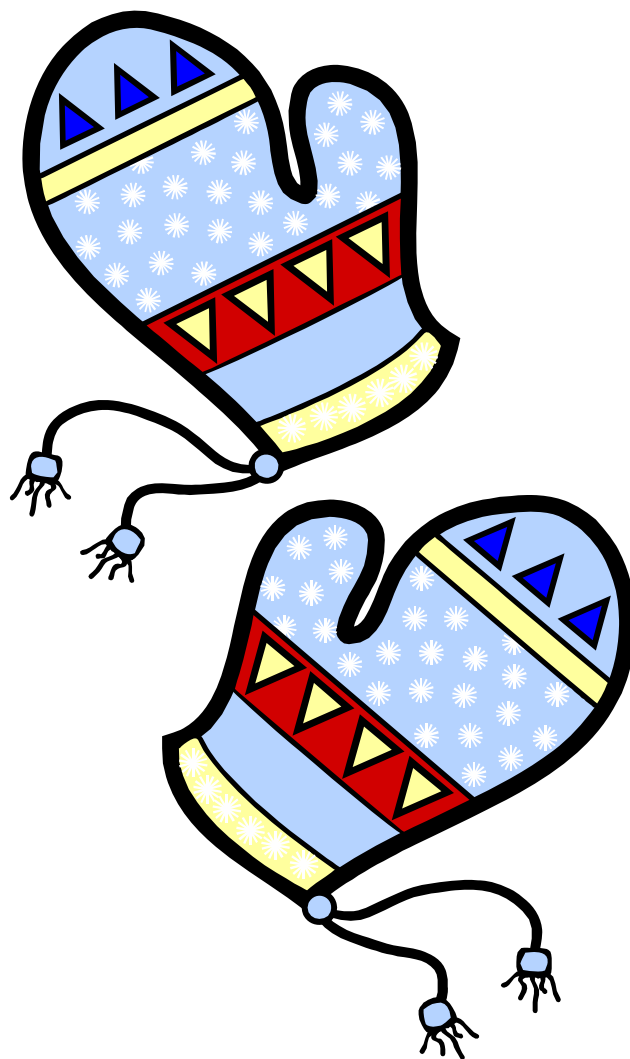
Faye Ballou – Greater Attleboro

Judy Romero – Greater Attleboro

Denise Mastrovito – Greater Attleboro

Dalia Marinilli – Greater Attleboro

Carol Bogdanovich – Bellingham





## Calendar of Events: December 2008 to March 2009

By President Louise

Black lettering pertains to every one  
 Red lettering pertains to Chapter Presidents  
 Green lettering pertains to Membership  
 Purple lettering pertains to Programming  
 Blue lettering is Chapter Events



### December 2008

Emphasis: Extensions, Membership

- 1 New member adds and renewals due to Julie Hutchinson
- 1 Make a Difference Day forms due to National
- 7 Easton Holiday Breakfast
- 7 Mansfield House Tours

Ongoing Mansfield: Prepare and deliver hot and cold holiday meals to community members in need  
 Ongoing Mansfield: Christmas is for Kids–Our group volunteers with the West Side Benevolence Society's Christmas is for Kids gift program

### January 2009

Emphasis: Effective Speaking, Effective Writing, MSPCC

- 1 New member adds and renewals due to Julie Hutchinson
- 1 Donation summary Report due to National
- 31 PE/ID Certification Lists due to national counterpart
- 31 End of Third Quarter

### February 2008

Emphasis: Extensions

- 1 New member adds and renewals due to Julie Hutchinson
- Winter State Convention/Effective Writing & Effective Speaking Competitions to be held
- 15 SPACE forms due to Louise Orum

### March 2009

Emphasis: Membership, STEP

- 1 New member adds and renewals due to Julie Hutchinson
- 15 Calliope article due to Becky Fleming



MASSACHUSETTS WOMEN OF TODAY  
STATE MEETING  
PLAINVILLE, MA  
NOVEMBER 1, 2008

Call to Order: 10:05 AM

Attendees: 6 of 7 Chapters represented. 22 Members **First Timers: 3**

**Bellingham 2:** Sue Beattie, Julie Hutchinson; **Chelmsford 6:** Gerry Sullivan Joyce Sullivan Kathy Simmons, Marcia Allison, Simon Curry, Mary G. Leonard; **Easton 2:** Donna Bishop, Becky Fleming

**Greater Attleboro 9 :** Paula Hickey, Patricia Zervas, Elaine Tallini, Dalia Marinilli, Faye Ballou, Judy Romero, Louise Orum, Wally Woodard, Denise Mastravito; **Mansfield 2:** Mary Joyce, Eileen Murray; **Norton 1:** Marie Tucker

WELCOME First Timers: Patricia Zervas, Denise Mastravito, Faye Ballou

Guests: Lawyers Jennifer Taddeo and Michelle Raymond of Doherty, Ciechanowski, Dugan & Cannon of Franklin

Pledge led by Eileen Murray

Invocation: Louise for Walter

Agenda: Move Treasurer's and Norton's report to the front because Marie had to catch a flight. Add Bellingham chapter report

Rules of the Day: Elaine Tallini

No issues to vote on today.

**President's report:** We have started the year with a Bang!

- o Still looking for a Programming VP and PR PM. Working hard on retaining and increasing membership.
- o Just got back from Mid-Year. (Awards are listed on the last page of the minutes). US PE certifications were lost at Mid Year. They will try to replace at year end.
- o National Convention to be held in Kansas City, MO

**Treasurer:** Marie Tucker. Proposed Budget reviewed, discussed. Simon – point of order, no one calls a vote, budget accepted.

- Current checkbook balance \$3,491.65
- M/M to accept treasurer's report by Marcia Allison, Chelmsford 2<sup>nd</sup> by Sue Beattie, Bellingham – motion passed
- Insurance: Two chapters are outstanding on D&O insurance and one on charter fee.
- Send Quarterly donations report detailing both \$ and hours. Include recipient organization, Service Area (Buckets of Sunshine e.g.) Monetary donation or cash equivalency and total # of service hours.
- Raffle item to benefit State treasury donated by Amy Morrison. Tickets 3/\$1

**Norton Report:** Marie. Held a Dream Dinner fundraiser, Social at the Links, had a float in the Halloween Parade, Ebay class, donated \$500 to the library and \$310 to the Food Pantry. Will be writing letters form Santa, holding an internal auction 11/18, gift wrapping at Borders 12/5, caroling at Epoch 12/9 and holding

*November State Meeting Minutes Continued*

a holiday party with an ornament swap. Are working with Home heating Fund and updating our pamphlet.

**All Garden Awards given throughout the meeting are listed together with the Quarterly Awards below the meeting minutes**

10:45-12 Speakers: Jennifer & Michelle on **"What every women should know about the law"**

Extremely interesting and Very interactive forum

Time was extended due to member interest and questions

12:00 Lunch Prepared by Denise! Salad, Terrific Mac and Cheese, chicken tenders, green beans and a delicious, flourless, chocolate, heart shaped torte with vanilla ice cream.

Officer Reports:

1. COB/Parliamentarian - Elaine:

- Starting in May 2009, USWT will operate on a trimester period for reporting. Chapter policies should be changed to follow USWT reporting periods.
- This will defray costs for dues billings and mailings
- Be sure to keep Louise informed and spread the word of MAWOT and encourage membership

2. Secretary: Kathy Simmons.

- May minutes distributed. Motion to accept - by Eileen Murray, Mansfield 2<sup>nd</sup> - by Paula Hickey, Gr. Attleboro. motion passed
- Carol Bogdanovich of Bellingham answered the challenge to send chapter minutes
- Thank you for written reports to help create accurate minutes
- Chapter secretaries were given homemade loaves as thank you for Making Minutes Count!

3. Internal Foundation: MSPCC: Sue Beattie. No reported activity to date

1. Information sheet included in chapter packet. And sheet on Wheel of Prizes Fundraising event
2. Having copies available at projects counts as an educational event
3. Be sure to let Sue know what your chapter is doing
4. Every chapter should consider earmarking funds for MSPCC no matter what the amount
5. Greater Attleboro gave a \$670 check for MSPCC
6. Chelmsford reported giving donation to Amy M. in June for MSPCC

4. External Foundation: Domestic Violence: Chris Palomba. No Report Be sure to report chapter activities

5. ID PM - Amy Morrison No report

6. Membership: Julie Hutchinson. Membership is a challenge for everyone.

- Looking for a traveling team to 'go on the road' to help chapters retain and recruit. Call Julie to join the team.
- Important to keep websites updated.

*November State Meeting Minutes Continued*

- Recognition – keep your name in the papers “ROAR”
  - Awards – help with retention by rewarding outstanding members
  - Trying to reconcile base numbers between chapters and National
  - Retention: 100% Q1 – Norton      100% Q1 & Q2 – Bellingham, Chelmsford
  - Growth: Q1 –Gr. Attleboro +1      Q2 – Chelmsford +2, Gr. Attleboro +3
  - US membership 4/30 – 2748      9/17 – 2699 \! / 49 members
7. Awards: Elaine Tallini. Received several submissions
- It is important to recognize those members that give something extra! Awards are a great motivational tool to inspire and thank members.
  - Please submit Rookie, Member & Officer for 3<sup>rd</sup> Qtr (Nov 1 – Jan 31). Deadline for submissions are due 1/22/2009
8. Public Relations: Open position. Louise reported 4 chapters participated in Air Way Event.
9. Newsletter: Becky Fleming – Having a Great Time doing the newsletter! Anyone can do this job. Becky will train you
- Thank you for submitting articles
  - Hope that everyone finds the issues to be educational, informative and inspiring
  - Thank you for sending chapter newsletters: Easton – Peggy Flynn, Gr. Attleboro – Diane Gayton, Mansfield – Cheryl Farley
  - Next submission deadlines Nov 15 for Dec issue, March 15 for April issue
- 11 Historian: Paula Hickey– Ned materials for the scrapbooks, THIS IS OUR HISTORY!
- Received only one article – Proclamation from Chelmsford
  - Please SUBMIT ARTICLES & PHOTOS
- 12 Fellowship Director – Wally Woodard – Wally request E Boards submit birthdays so that he may send out cards.
- 13 Webmaster: Simon Curry– Thank you to Iva Mooney for research & guidance on new web pages
- New uniform look and feel to the pages
  - New powerful data base. The data changes form yr to yr lives in one place and all pages that use the data get it from the same place
  - Still experimenting with secure mechanism that will allow members to update information
  - Keep Contents UPDATED! Some info is form 2004! NEED NEW AND CREATIVE MATERIALS TO KEEP SITES UPDATED

## Chapter Reports:

Bellingham – Report by Sue Beattie for Shelia. No meetings over the summer. Held a Salad Supper and Shop ‘til you Drop at the Tree Shop – Judy Romero crowned the Shopping Queen. Concentrating on bringing back fun and excitement into meetings and projects.

Chelmsford Report – by Kathy Simmons – Held our Banquet, a Summer Social, Friendship Day at Kimball

*November State Meeting Minutes Continued*

Farm and a Wine & Cheese KickOff Meeting. Promoted USWT Week with a Proclamation, revamped CWOT FAQ sheet and ran a Food Pantry Drive 10/18. Recruited 2 members. Looking for address of military overseas to send holiday cards. Upcoming is Leadership Dynamics 11/13, Muffins with Santa 12/13, shopping for 2 children in the Secret Santa Program and holding a holiday party with a Yankee swap.

Greater Attleboro Report: by Elaine Tallini – Annual Yard Sale Raised \$670 for MSPCC. Held 1st Child Car Seat Safety Program with the Professional Firefighters of Attleboro, our annual Blood Drive/Membership Drive on May 31<sup>st</sup>, signed 2 new members. Had a team for the American Cancer Society Relay for Life, worked the MAWOT booth at the “Mansfield Air Race Show”. Had a Family Brunch and our I.D. Summer Stroll. Sept M drive signed 2 more members. Also held Baby Photo contest, a Victorian Tea Party and a Papa Gino’s fundraiser.

Easton Report: by Donna Bishop – Easton held a June Social enjoying lots of appetizers, wine & desserts. Had a freeze pop give away at the Children’s Road Races, hosted an ice cream social on Friendship Day, hosted Concert Snack give away, held the Macy’s Shop for a Cause. Ran the Duck Pond at the Lion’s Family Day. Upcoming plans include ‘Night at the Chateau’ and a Holiday Breakfast.

Mansfield Report – by Mary Joyce –4 new members since May. Sponsored Beauty Boost for 20 women in children shelters, took Air racers to dinner, participated in the Relay for Life, awarded two \$1000 scholarships, Feature the duck pond at Family Fun Night. Held a tropical GM in July, co-sponsored children’s concerts on the comr with the Rec. Dept. In Sept. we worked the Red Cross Blood drive and had a ‘bring a Friend’ night. Girls night was in October. Working on Holiday House tour on 12/7 with 6 homes and tea at the Historical House.

Amy’s raffle of stamping materials was won by Elaine. \$48 raised.

Winter Convention 2009 – Eileen Murray – Pamper Yourself:

- Need minimum of 30 registrations for luncheon  
Need people for services
- Wear your PJ’s & Slippers – come and relax and have fun
- Drawing for registrations received by 12/1

National Convention – Kansas City , MO National buckets for Project Wonderland Camp. Info in packets  
**Year End Convention May 2009** – Need a host.

Benediction: Walter Woodard



## Statistical Treasure Hunt

Here is an exceptionally good game to get groups acquainted. Divide your group into teams of equal number, if possible. Give each team a typewritten or mimeographed sheet of questions that are to be answered and evaluated as indicated on the sheet. Each team appoints a captain who acts as the gleaner of information and recorder. (This game can be played around tables at banquets.)

Below is a list of typical questions and methods of scoring. These may suggest other questions to you that may be more appropriate for your particular group or occasion.

General Questions:

1. Counting January as one point, February as two points and so on through the calendar year, total the number of birthday points at your table—only for months not years.
2. Counting one point for each different state named, total the score for the different number of birth states represented.
3. Total all the shoe sizes—one foot only.
4. Total the number of operations everyone at your table has had. Serious dental surgery counts, but not just an ordinary tooth pulling. Save all the interesting details for later!
5. Total your hair color score: Black counts two; brown counts one; blond counts three; red counts five; gray counts three; white counts five.
6. Score a point for each self-made article worn or carried by your teammates.
7. Add the total number of miles traveled by each member to get to this meeting.
8. Total the number of children teammates have. If husbands and wives are sitting together or are on one team, count their children only once. Score as follows: Each child counts one point; set of twins counts five points; grandchildren count three points each.
9. Score one point for each different college attended, but not necessarily graduated from.

## Leadership Self Evaluation

One leadership quality that I want to improve upon this year is:

I am lacking in the skill of leadership because:

I desire the following results:

I have the following resources to assist me:

I can ask the following individual for assistance:

I have set the following goal(s):

**ARE YOU A GOOD LISTENER?**

	Almost				Almost	
	Always	Usually	Often	Seldom	Never	Never
<b>Attitudes</b>						
1. Do you listen to other people talk?	5	4	3	2	1	0
2. Do you encourage others to talk?	5	4	3	2	1	0
3. Do you listen even if you do not like the person who is talking?	5	4	3	2	1	0
4. Do you listen equally well whether the person talking is manor woman, young or old?	5	4	3	2	1	0
5. Do you listen equally well to friend, acquaintance, stranger?	5	4	3	2	1	0
<b>Actions</b>						
6. Do you put what you have been doing out of sight and out of mind?	5	4	3	2	1	0
7. Do you look at the speaker?	5	4	3	2	1	0
8. Do you ignore distractions?	5	4	3	2	1	0
9. Do you smile, nod your head, and otherwise encourage her to talk?	5	4	3	2	1	0
10. Doyou think about what the speaker is saying?	5	4	3	2	1	0
11. Doyou try to figure out what the speaker means?	5	4	3	2	1	0
12. Doyou try to figure out why she is saying it?	5	4	3	2	1	0
13. Doyou let her finish what she is trying to say?	5	4	3	2	1	0
14. Doyou encourage her to go on if she hesitates?	5	4	3	2	1	0
15. Doyou restate what she has said and ask her if you got it right?	5	4	3	2	1	0
16. Doyou withhold judgment about her idea until she has finished?	5	4	3	2	1	0
17. Do you listen regardless of her idea until she has finished?	5	4	3	2	1	0
18. Doyou listen even though you anticipate what she is going to say?	5	4	3	2	1	0
19. Doyou questioner in order to get her to explainer idea more fully?	5	4	3	2	1	0
20. Do you ask her what her words mean as she uses them? 5	5	4	3	2	1	0

**Total Score**

81–100= You're a great listener!

61–80= You have good listening skills

41–60= Your listening skills are okay

21–40= Your listening skills could use some work

Under20 = You've got a ways to go

## Developing Volunteer Leaders

*If my best efforts are desired as a volunteer, my leader should know I need...*

To be given *Confidence*:

To feel that I'm trusted in work assigned to me.

To be told results desired but not "How to do it."

To be given *Recognition* when earned:

To be acknowledged for my efforts, ideas and work.

To be known, understood and to have concern shown for me as an individual.

To have *Delegation* follow accepted guidelines:

To have reasons for a task explained clearly.

To have accountabilities clearly prescribed.

To get *Feedback* – and be asked for my thoughts and ideas:

To have one-to-one sessions on "how I am doing" (my progress).

To be informed on the progress of my organization.

To find progress toward my personal goals.

To be *Involved*:

To be allowed to share in decisions that affect me as often and as much as possible.

To be kept "in" on all appropriate information.

To feel free to ask questions without intimidation.

To be *Challenged* – to be given the opportunity:

To create, discover, compete.

To have changes in tasks for new challenges and satisfaction.

To find *Relevance* –to know:

"Why?" "Why me?" "Why at this time?" "Why is it important?"

Whether I may be contributing to something larger and that goals make sense to me.

To gain *Increasing Understanding*:

Of self, of supervisors, of organization" philosophy, policies, procedures".

By having opportunities to work with challenges and people.

To develop *Confidence* in my superior, I'd like to see:

Consistency in method of operation.

Enthusiasm, a good fairness, ability, and above all, integrity.

Your greatest opportunity is to match people with the work they enjoy.



## The Art of Leadership

Simply and plainly defined, a leader is a person who has followers. The leader deserves to have followers. She has earned recognition. Authority alone is no longer enough to command respect.

The leader is a great servant. The Master of Men expressed the ideal of leadership in a democracy when he said, "And whosoever will be the chief among you, let him be your servant."

The leader sees things through the eyes of her followers. She puts herself in their shoes and helps them make their dreams come true.

The leader assumes that her followers are working with her, not for her. She considers them partners in the work and sees to it that they share in the rewards. She glorifies the team spirit.

The leader duplicates herself in others. She is a person builder. She helps those under her to grow big because she realizes that the more big people an organization has the stronger it will be.

The leader does not hold people down, she believes in them, trusts them and thus draws out the best in them. She has found that they rise to meet her high expectations.

The leader uses her heart as well as her head. After she has looked at the facts with her head, she lets her heart take a look, too. She is not only a boss—she is also a friend

The leader is a self-starter. She creates plans and sets them in motion. She is both a person of thought and a person of action—a dreamer and doer.

The leader has a sense of humor. She is not a stuffed shirt. She can laugh at herself. She has a humble spirit.

The leader can be led. She is not interested in having her own way, but in finding the best way. She has an open mind

The leader keeps her eyes on high goals. She strives to make the efforts of her followers and herself contribute to the enrichment of personality, the achievement of more abundant living for all and the improvement of civilization.

6/1/99

## *Leadership is.....*

A person who SEES

and talks to you, the person, not at you.  
and acknowledges how others may see her.

A person who SPEAKS

and can stay on the topic in group discussions.  
and has the ability to relate to others in a variety  
of human situations.

A person who LISTENS

and hears more than just words.  
to directions without interrupting.  
and gives others a chance to be heard.  
and accepts other contributions to the discussion.

A person who THINKS and UNDERSTANDS

by organizing her thoughts and ideas.  
by making sound decisions.  
by contributing unique ideas and important details.  
by giving reasons for her opinions.

A person who ADJUSTS

to changes in routine and to new situations without  
becoming resentful.  
to opposition or defeat without criticizing  
to the necessity of asking for help when needed.

A person who ENCOURAGES

by being friendly, warm and responsive to others.  
by accepting others and their contributions.  
by regarding others and giving them an  
opportunity for recognition.

A person who MOTIVATES

by stimulating the imagination of others.  
by involving others in the decisions making.  
through her enthusiasm, causing a contagious  
reaction in others.



**Women of Today Give From The  
Massachusetts Women of Today Incentive**

This year, all MAWT Chapter Members will have a unique and fun opportunity to earn points by completing tasks to claim prizes. Here’s how it works: use the time frames from state meeting to state meeting (May to Nov, Nov to Feb & Feb to May) – complete as many items as possible on the form below, add up the points and submit to Louise prior to or on the morning of the state meeting. At the state meeting, your points will be traded in for WOT Dollars (Heart Bucks), which can be used at that meeting or future meetings to bid on fabulous prizes – Heart Bucks are good till May 2009.

**Board Member’s Name:** \_\_\_\_\_  
**For which State Meeting is this being submitted?** \_\_\_\_\_

- 1) **Make a visit to another chapter (add 1 point for each chapter visit)** \_\_\_\_\_
  - 2) **Create a theme for your office (Nov only)** \_\_\_\_\_
  - 3) **Develop goals and submit to state president (Nov only)** \_\_\_\_\_
  - 4) **Receive training from your predecessor (Nov only)** \_\_\_\_\_
  - 5) **Provide training in your area to your chapter counterpart  
(add 1 point for each person, chapter trained) (Nov only)** \_\_\_\_\_
  - 6) **Make contact with your chapter counterparts (email or other)  
(add 1 point for each time you contacted the chapter)** \_\_\_\_\_
  - 7) **Make contact with your national/state counterpart  
(add 1 point for each time)** \_\_\_\_\_
  - 8) **Submit a written /email report to the state president  
(add 1 point for each time)** \_\_\_\_\_
  - 9) **Submit an article to “The Calliope” or another chapters’ newsletter  
(add 1 point for each article)** \_\_\_\_\_
  - 10) **Participate in a state and/or national competition  
(effective writing, effective speaking, STEP, project recognition, FOW)** \_\_\_\_\_
  - 11) **Bring in a new member and/or guest to a chapter/state meeting** \_\_\_\_\_
  - 12) **Certify in an area of ID (1 point for each area completed – 8 total)** \_\_\_\_\_
  - 13) **Attend an MAWT General Membership and/or USWT meeting** \_\_\_\_\_
  - 14) **If this is your first state meeting – you get 5 bonus points** \_\_\_\_\_
- TOTAL:** \_\_\_\_\_

Massachusetts Women of Today  
State Award Nomination Form  
2008– 2009



**Criteria for Nominations:**

Any member of the Massachusetts Women of Today may nominate another member for the "Heart of Gold" award. Nominees should exemplify the following: a member who goes above & beyond to assist their local chapter, state, community and/or Women of Today sister(s) in one or more projects for the quarter. In doing so, they are growing into a strong individual and a valuable member of the community.

Please provide the following information about the person you would like to nominate:

Name: \_\_\_\_\_

Chapter: \_\_\_\_\_

Name of person making this nomination: \_\_\_\_\_

Briefly describe how the nominee exemplifies the theme "Women of Today Give from the Heart" and provide specific examples.

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Nominations will be accepted throughout the year (May 1, 2008 – April 30, 2009). Awards will be given out at the November, February and May State Meetings.

Nominations will be accepted up until one week prior to each of these State Meetings. Nomination forms will be accepted via e-mail or snail mail to:

Louise Orum 23C Benefit Street Attleboro, MA 02703 [lro2@netzero.net](mailto:lro2@netzero.net) 508-369-7207



Pack your pj's & slippers and join the fun  
 A night of girl talk and pampering  
 What better way to chase away the winter blues?  
 Chair massages, hand treatments, mini facials and more

Holiday Inn & Suites  
 255 Lakeside Avenue (Route 20)  
 Marlborough, MA 01752

Hotel Room Rates  
 2 queen beds - \$99.00 (up to 4 people)  
 Suite with 1 king bed and living room - \$130.00  
 Plus 9.7% tax

Call hotel directly to book your room by January 23, 2009  
 (508) 481-3000

Mention Massachusetts Women of Today

**Registration Form**

Name: \_\_\_\_\_ Chapter: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

**Select One:**

- Full registration  
     \$55.00 \_\_\_\_\_
- Friday Night Pampering Party only  
     \$20.00 \_\_\_\_\_
- Saturday meeting/Luncheon only  
     \$40.00 \_\_\_\_\_

**Women of Today Need Pampering!!**

**Massachusetts Women of Today  
 Winter Meeting**

**February 6-7, 2009**

\*\*\*Late fee (postmarked after January 23, 2009)      \$5.00

*Sorry, no refunds*

*Register before December 1, 2008 to be entered in to a special prize drawing*

Please make checks payable to Massachusetts Women of Today  
 Send registration form and check by January 23, 2009 to:  
 Eileen Murray, 7 Plowshare Court, Mansfield, MA 02048 (Eileen Murray@comcast.net)





**SAVE THE DATE:  
Winter Convention  
February 6 & 7, 2009  
Marlboro, MA**

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*We're on the Web!*

*Visit us at:*

[www.mawt.org](http://www.mawt.org)

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Massachusetts Women of Today  
496 Depot Street  
South Easton, MA 02375

